

Seedings Kindergarten

Sick Child Policy

We are happy to care for children with minor ailments such as coughs and colds but if a child is very unwell or has a raised temperature, we would ask that they stay at home where they can be better cared for. Also, we need to consider the welfare of the other children in our care.

If you do keep your child at home due to illness, please let us know that they won't be coming in and give the reason. If your child is well enough to come to kindergarten but has an infection that could be passed on, such as a cold sore, please inform me of this.

We are happy to administer prescribed medication should this be necessary, but will need you to sign a consent form giving us permission to do this.

If your child is returning to kindergarten after sickness please provide a written and signed sick note to for the record.

If your child becomes unwell whilst in our care, we will make them as comfortable as possible, reassure them, and if necessary, isolate them from the other children as far as is possible. We will contact you immediately and ask you to collect your child. We will continue to care for your child until you arrive.

We appreciate it can sometimes be difficult deciding whether or not your child is well enough to attend kindergarten, so if in doubt please refer to the following guidelines:

Chickenpox

If your child has chickenpox please keep them at home until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Cold Sores

There's no need to keep your child at home if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, and not to share things like cups and towels.

Conjunctivitis

You don't need to keep your child at home if they have conjunctivitis. You can get advice from your pharmacist as to treatment. Encourage your child not to rub their eyes and to make sure they wash their hands regularly.

Coughs and Colds

It's fine to send your child in to kindergarten with a minor cough or cold, but if they have a raised temperature or a fever (38C+), keep them at home until their temperature goes back to normal (36.4C). Encourage your child to throw away any used tissues and to wash their hands regularly.

Ear Infections

If your child has an ear infection and a fever or severe earache, please keep them at home until they're feeling better and their temperature is back to normal.

Fever

If your child has a fever (38C+) please keep them at home until their temperature has gone back to normal.

Hand, Foot and Mouth Disease

If your child has hand foot and mouth disease but seems well in themselves, there's no need to keep them at home. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head Lice and Nits

If you discover that your child has head lice or nits please keep them at home until they have been treated. Please let me know as soon as you become aware that your child has head lice or nits so that other parents can be discretely made aware and can take preventative measures.

Impetigo

If your child has impetigo they' will need antibiotic treatment from the GP. Please keep them at home until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share towels, cups and so on with other children.

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see the GP. It's fine for your child to come back to kindergarten once they have started treatment.

Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from the GP, otherwise they'll be infectious for 2 to 3 weeks. Your child may come back to kindergarten 24 hours after starting antibiotics.

Slapped Cheek Syndrome (fifth disease)

You don't need to keep your child at home if they have slapped cheek syndrome because once the rash appears, they are no longer infectious. If you suspect your child has slapped cheek syndrome, take them to the GP. Please let me know if they're diagnosed with it.

Sore Throat

You don't need to keep your child at home if they have a sore throat, but if they also have a fever, they should stay at home until their temperature goes back to normal (36.4C).

Threadworm

If your child has threadworm please keep them at home until they have been treated. Your pharmacist can recommend a treatment. Please inform me so that other parents can be discretely made aware and can take preventative measures.

Vomiting and Diarrhoea

If your child has vomiting or diarrhoea please keep them at home for 2 days (48 hours) after their symptoms have gone.

Should you require any further information regarding infectious diseases there are [government guidelines](#) for schools and nurseries that say when children should be kept at home and when they shouldn't.

